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8.1.1 Requirements.

A First Aid Requirement assessment for each of the following activities is carried out which is used to determine the First Aid provision that is put in place:

- Operation of the Engineering Workshop.
- Grounds & Lineside Maintenance Activities.
- Operation of Trains.
- Use of STR facilities by the public.

These assessments are reviewed every 2 years or whenever there is a change to an activity or the addition of a new one, as well as following any Accident or Incident involving an injury to a member of staff, volunteer or a member of the public and are used to determine the arrangements that are put in place.

Whilst the organisation is not legally required to have trained First Aiders on hand whilst operating any member of staff or volunteer is encouraged to undertake the necessary training.

The DOM or Responsible Person undertakes the role of Appointed Person in the event of an injury being sustained requiring the help of the Emergency Services – see Section 10 Emergency Plan for further information.

8.1.2 Arrangements.


First Aid Boxes are located throughout the STR facilities and are carried on all operating passenger and works trains. The locations of the boxes are clearly marked, and their content reviewed on a regular basis to ensure that they are correctly stocked.

An eye wash station is located in the Engineering Workshop.

All staff and volunteers are made aware of the locations of the First Aid Boxes and by the Emergency Plan the actions they must take in the event of an injury requiring the help of the Emergency Services.

A register of First Aid Boxes/Eye Wash Stations is maintained.

Storage anywhere on the STR, & the administering of, any form of medication (eg aspirins, painkillers, Optrex, creams etc.) is not permitted by STR staff or volunteers to any injured or other person.

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Staff & Volunteers must advise the DOM / Responsible Person immediately when items are taken from a First Aid Box so that they can ensure that the items used are replaced.

8.1.3 Applicable Legislation.

Health and Safety (First Aid) Regulations 1981 (SI 1981/917)

8.1.4 References.

L74 3rd Edition Published 2013 Amended 2018 - Guidance to the Health and Safety (First-Aid) Regulations 1981.

8.1.5 Documentation.

First Aid Requirement Assessments.

Register of First Aid Boxes & Eyewash Station Locations.

First Aid Box & Eyewash Station Inspection Record.